

ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/03

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

KEY

✓ = contains

M = may contain

Blank = does not contain

Menu FIR Intolerance Report

Secondary Menu (All Variations) Oct 26

Dish Name	

WK1 Monday

Asian Vegetable, Soya & Bean Noodle Stir Fry 5087 (Yield 30ptn/s)	✓	✓									✓																✓	
Beef Chilli Con Carne, nacho crumbs, mixed rice and sweetcorn 4992 (Yield 70ptr																												
Halal Beef Chilli Con Carne, nacho crumbs, mixed rice and sweetcorn 1028735 (Y																												
Halal Smokey Lamb Chilli Rice Nachos and Corn 5048 (Yield 70ptn/s)																												
Mixed Bean Chilli nacho crumbs, mixed rice & sweetcorn 5007 (Yield 35ptn/s)											✓																	
Vanilla Sponge & Custard 1029343 (Yield 63ptn/s)	✓	✓								✓	M	✓																

WK1 Tuesday

Asian Vegetable, Soya & Bean Noodle Stir Fry 5087 (Yield 30ptn/s)	✓	✓									✓																✓	
Chocolate and Orange Brownie 1027368 (Yield 21ptn/s)	✓	✓								✓		✓																
Halal Sticky Bang Bang Chicken with rice and garlic green beans 1018063 (Yield 5	✓	✓									✓																	
Sticky Bang Bang Chicken with rice and garlic green beans 1016309 (Yield 50 ptn	✓	✓									✓																	
Sticky plant based Bang Bang pieces with rice and garlic green beans 1016665 (Y	✓	✓									✓																	

WK1 Wednesday

Biscoff Swirl Sponge 1029355 (Yield 63ptn/s)	✓	✓								✓	✓	✓																
Glazed Gammon with Crisp Roasties Seasonal Veg & Roast House gravy 100175	✓	✓								✓		✓																
Halal Lemon & Thyme Roast Chicken 1001906 (Yield 50ptn/s)	✓	✓								✓		✓																✓
Lemon & Thyme Roast Chicken Crisp Roasties Seasonal Veg Roast House Gravy	✓	✓								✓		✓																✓
Vegetable Squashage Roll with Roast House Gravy 1016053 (Yield 12ptn/s)	✓	✓								✓		✓																

WK1 Thursday

Secondary Menu (All Variations) Oct 26

Dish Name	
	<u>Cereals containing Gluten :</u> Wheat Spelt (Wheat) Kamut (Wheat) Rye Barley Oats <u>Tree Nuts :</u> Almonds Hazelnut Walnut Cashew nut Pecan nut Brazil nut Pistachio nut Macadamia nut or Queensland nut Fish Crustaceans Molluscs Eggs Soybeans Milk Peanuts Celery Mustard Sesame Sulphur dioxide/sulphites Lupin

WK2 Tuesday

[illegible]

WK2 Wednesday

[illegible]

WK2 Thursday

[illegible]

WK2 Friday

[illegible]

Secondary Menu (All Variations) Oct 26

Dish Name

Dish Name	Cereals containing Gluten :										Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :														Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds	Hazelnut	Walnut	Cashew nut							Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut																
Roast Pork, Crisp Roasties, Seasonal Veg and Roast House Gravy 1001876 (Yiel	✓	✓										✓		✓																						
Roasted Vegetable and Chick Pea Pastry Roll with Crisp Roasties, Seasonal Veg	✓	✓										✓		✓																			✓			
Salt & Pepper Roast Chicken Crisp Roasties Seasonal Veg & Roast House Gravy	✓	✓										✓		✓																						

WK3 Thursday

BBQ Plant based Pieces with Spicy Rice and Toasted Corn Salsa 1028689 (Yield 25ptn/s)	✓	✓				✓								✓															✓					
Chipotle Chicken with Spicy Rice and Toasted Corn Salsa 1028423 (Yield 25ptn/s)	✓	✓				✓								✓															✓					
Halal Chipotle Chicken with Spicy Rice & Toasted Corn Salsa 1028684 (Yield 25p	✓	✓				✓								✓															✓					
Mixed Berry & Apple Crumble 5230 (Yield 84ptn/s)	✓	✓														✓																		

WK3 Friday

Battered Fish & Chips 4867 (Yield 20ptn/s)	✓	✓			✓		✓							✓																✓				
Halal Sausage Chicken & Beef & Chips 4972 (Yield 10ptn/s)	✓	✓																															✓	
Hand Battered Fish & Chips 5177 (Yield 40ptn/s)	✓	✓			✓		✓							✓																✓				✓
Hot Chocolate Rocky Road and Custard 1005762 (Yield 21ptn/s)	✓	✓			M									✓	✓	✓	M	M	M													M		
Korean BBQ Bean Burger 1027183 (Yield 20ptn/s)	✓	✓												✓	✓																	M		
Margherita Pizza & Chips 4955 (Yield 6ptn/s)	✓	✓	M	M	M	M	M									✓																		
Margherita Pizza & Chips Homemade 7955 (Yield 8ptn/s)	✓	✓													✓	✓																		
Salmon Fishcake, Chips & Peas 4969 (Yield 20ptn/s)	✓	✓					✓							✓															✓					
Sausage (Pork) & Chips 4974 (Yield 10ptn/s)	✓	✓																															✓	

Daily Pasta

Creamy Pesto Pasta 12oz 7333 (Yield 20ptn/s)	✓	✓													M	✓															M			
Creamy Pesto Pasta 16oz 7332 (Yield 15ptn/s)	✓	✓													M	✓															M			
Pasta in Cheese Sauce 12oz 7331 (Yield 20ptn/s)	✓	✓													M	✓													✓					

